



BeWell Bistro

March 31st – April 4th
Breakfast 6:30am - 10:30am
Lunch 11:00am - 2:00pm

If you have a food allergy, please notify us

V- Vegan

GF – Gluten Free

* Gluten-Free bread available to substitute upon request.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUPS	Tomato Bisque	Broccoli Cheddar	Corn Chowder	Chicken Noodle	Clam Chowder
EXPLORER	<u>JAMAICA</u>	<u>TACO TUESDAY</u>	<u>PUERTO RICO</u>	<u>GREEK</u>	<u>FIRE ROASTED</u>
	Jerk Chicken	Taco Meat	Pernil	Lemon Oregano Chicken	Protein Cioppino Broth Scallops Rotisserie Chicken
	Curried Beef Stew	Chipotle Chicken	Pollo Guisado	Shrimp Saganaki	Sides Mac & Cheese Corn Succotash Baked Potatoes Pasta Salad Broccoli Slaw
	Steamed Cabbage	Tex-Mex Calabaza	Stewed Pinto Beans	Cauliflower Feta Bake	
	Rice & Peas	Stewed Beans	Maduros	Lemon Potatoes	
SUPER SALADS	<i>Superfood Salad</i> _(GF)				
	Tex-Mex Grain Bowl – Farro, Quinoa, Barley, Roasted Sweet Potato, Roasted Zucchini, Marinated Corn Salad, Arugula, Creamy Cilantro Vinaigrette				
RUSTICO	<i>Build Your Own Salad Bowl</i> *				
	<u><i>BBQ Ranch Chicken Wrap</i></u> Lettuce, Onion, Coleslaw, Ranch		<u><i>Hot Honey Brie Sandwich</i></u> Turkey, Bacon, Arugula		
CHALKBOARD GRILL	BREAKFAST GRILL SPECIAL				
	Breakfast Burrito – Scrambled Egg, Peppers, Onion, Salsa				
	LUNCH GRILL SPECIAL				
	Beef Lamb Gyro – Lettuce, Tomato, Onion, Tzatziki				
FEATURED DAILY					
50/50-Burger* Simply Seared Seafood* Turkey Burger* Herb Chicken Paillard* Chipotle Black Bean Burger*					
All Chalkboard Grill Selections Includes One Side					